

GROUP THERAPY

HIAWATHA VALLEY MENTAL HEALTH CENTER

Fruits of Life

Support for clients living with a mental illness

CAM

Men who abuse women, usually court-ordered

Dual DX

Chemical health issues and mental health issues
(Meets in Winona and Wabasha)

Veterans Group

Women and Men veterans from armed conflict

Chemical Dependency

Chemical Health Treatment

Primary Group
Aftercare Group
Relapse Group

Adolescent Chemical Health

Chemical Health Treatment for Adolescents

DBT Group

Dialectical Behavioral Training
(Meets in Wabasha and Winona)

Website:

www.hvmhc.org

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