





The Community Leader in delivering exceptional, responsive and consumer focused behavioral health services

Serving children, families and adults in Fillmore, Goodhue, Houston, Wabasha and Winona counties



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Right: A group of HVMHC staff and clients attended the 2024 "Day at the Capital" for mental health



Make a donation to HVMHC by scanning the QR code



# Hiawatha Valley

## **2024 HVMHC Board of Directors**



Brad Anderson President



Bob Burns Vice-President



Teresa O'Donnell-Ebner Secretary



Mandy Hansel Treasurer



Mac Baird Board member



Karrie Kelly Board member



Julie Kiehne Board member



Marie Kovecsi Board member



Mitch Lentz Board member



Denise McDowell Board member



Below: Erik Sievers and Brad Anderson present Betsy Rowekamp with a plaque for her years of service on the HVMHC Board of Directors. Betsy retired from the HVMHC Board of Directors in March, 2024.

Mary Polus Board member



Mike Wobbe Board member



Dwayne Voegeli Board member



#### **Mission**

Be the community leader in delivering exceptional, responsive and consumer focused behavioral health services.

#### **Vision**

To provide exceptional mental and behavioral support and services to enhance the well-being of our communities through a non-profit structure.

We will achieve our vision by:

- Providing quality, innovative services that are accessible
- Partnering and collaborating with other agencies to increase the health of our communities
- Cultivating ways to fund services and staff resources
- Advancing the continuing education of our staff members by seeking out the best and most current knowledge and training on behavioral health treatment and services

#### **Values**

- *Integrity*-We do what we say, and we own what we do. We do the right thing even in the face of adversity.
- **Respect**-We are all valued for our unique abilities, qualities and achievements, and all our roles are important for our communities and organizations success.
- **People Focused**-We look at everyone as individuals and work with them to find the best person-centered approach to meet their needs.
- *Community Focused*-We care about those in our communities, we value community ideas, and we work to build a stronger community for all.
- **Continuous Improvement**-Small, incremental changes for the better. We are innovative in our approach to continuously improving our organization and the care we provide for those in the communities we serve.
- Compassion-We invest time in people and set them on a path for success.
- *Partnerships & Collaboration*-We collaborate with community organizations that are invested in our mission to ease the financial burden and better serve those in need.
- **Empowerment** We provide support for clients to be successful and engaged in their community. We create a workplace where members share responsibility for supporting our mission.
- Financial Stewardship-We monitor our finite resources so we can provide for those in need.



## A Message from Board President Brad Anderson

As I write this message reflecting on working in an organization that has been serving citizens for 60 years, it makes me pause and wonder what those first board meetings were like. Will this model succeed, will we accomplish our mission of service, will the community support us, how do we delegate the work when we are not sure of the workload and many more questions. I am sure there was some apprehension in those early days. The leaders were dedicated and laid an excellent foundation on which to build an organization that continues to serve those in need in our community with respect and person-centered care. It has survived and I wish I could meet all those who have made contributions to the success.

I encourage all citizens to visit the HVMHC website and read about the mission, vision and the values HVMHC commits to following. These are values we as citizens should also consider incorporating into our daily lives. The history of the organization is also very interesting. As a board we strive to work alongside our Executive Director and staff, ensuring we meet our mission and vision. The reports we get at our meetings are informative and encouraging as we have built on that foundation from 60 years ago.

Lastly, I would like to thank the board members I get to work with and appreciate the diverse background each brings to the boardroom. From retired physicians to schoolteachers to higher ed leaders to business professionals, to attorneys, to financial leaders and many more. We have a wide diverse set of skills that lead to better decisions. The other very important support group is the community and the many contributors to our mission. We could not succeed without generosity in time, talent and financial support. I am feeling very blessed to work in this organization and realize the legacy we must preserve for the future. We have amazing staff and leaders. We will strive to continue the great work of the visionary leaders who started this organization so many years ago.

Sincerely,

Brad Anderson

Brad Anderson

Board President

Goodhue County Commissioner, District 2





## A Message from our Executive Director

As we reflect on 2024, Hiawatha Valley Mental Health Center remains proud of our unwavering commitment to providing exceptional, responsive, and consumer-focused behavioral health services. This past year has been one of both stability and growth ensuring our core services continue to meet the needs of our community while expanding our reach in ways that support whole-person health. Thanks to the dedication of our employees, the leadership of our board, and the generosity of our partners and donors, we have continued to strengthen our impact throughout southeastern Minnesota.

At the heart of HVMHC is our dedication to high-quality, accessible behavioral health care. In 2024, we remained steadfast in providing outpatient therapy, psychiatry, crisis response, substance use treatment, and community-based services. Our Mobile Crisis Team continued to serve individuals in their moments of greatest need, school-based therapy ensured students had direct access to mental health support, and our housing programs remained a lifeline for those working toward recovery.

Despite challenges facing the healthcare sector, our agency maintained financial and operational stability, ensuring that individuals and families could continue to rely on us for compassionate care. Our commitment to innovation allowed us to enhance efficiency while never losing sight of our mission to put people first.

HVMHC's success in 2024 would not have been possible without the dedication and expertise of our employees. Their passion, resilience, and commitment to our mission continues to be the driving force behind everything we do. Likewise, our Board of Directors provided invaluable leadership, ensuring strategic growth and long-term sustainability.

We are also deeply grateful to our *partners and donors*, whose support has allowed us to expand services, implement new initiatives, and remain responsive to the evolving needs of our community. Their generosity and collaboration remind us that mental health is a shared responsibility—and together, we are making a difference.

As we close out another impactful year, we extend our heartfelt thanks to all who have entrusted us with their care, support, and partnership. Whether you are a client, family member, staff member, community partner, or donor, your belief in our mission fuels our work.

Our agency has been a part of the region for 60 years in 2025! We look forward to continuing this journey together, ensuring that HVMHC remains a source of hope, healing, and transformation for years to come.

Sincerely,

Erik Siewers

Erik Sievers, MSW, LICSW, MBA Executive Director Hiawatha Valley Mental Heath Center





## A Message From Our Medical Director Dr. Veronica Harsh

I would like to highlight continued growth in our care provision that is exceptional, responsive, and consumer focused. Aiming to provide an increasingly holistic approach to healthcare, we now offer those we serve with additional health screenings in an effort to better integrate behavioral health services with primary care. Incorporating primary care screenings into our services has several important benefits.

Behavioral health and physical health are interconnected. Many individuals with behavioral health issues, such as mental health disorders or substance use disorders, are also at risk for chronic physical conditions (e.g., hypertension, diabetes, heart disease). By incorporating primary care screenings, we address both aspects of a person's health, leading to better overall care and outcomes.

Primary care screenings help identify physical health problems early, before they become more serious. For example, screening for high blood pressure, diabetes, or cholesterol can prevent long-term complications. Early detection is particularly important for people with behavioral health disorders, who may not always seek primary care services on their own.

Those we help with behavioral health issues often face barriers to accessing primary care, leading to worse health outcomes. By offering primary care screenings within HVMHC, we will help reduce health disparities and worse outcomes for our clients by providing more comprehensive, whole person care in a convenient setting that they are able to access.

Primary care screenings help us as mental health providers to coordinate better between primary care providers. This integrated approach ensures that all aspects of care are considered and managed, reducing fragmented care and improving the patient experience. When physical and behavioral health are treated together, it leads to better overall outcomes. Addressing both mental and physical health needs can improve the quality of life for individuals, support recovery, and reduce the likelihood of crisis situations.

Overall, our efforts to offer primary care screenings are in line with our mission to provide comprehensive, patient-centered care that will improve both physical and behavioral health outcomes.

Sincerely,

Veranica Harsh

Veronica Harsh, MD

**Medical Director** 





#### **Mission In Action**

#### **Exceptional, Responsive, Consumer-Focused Behavioral Health Services**

#### **Stories of Hope**

#### Adult Outpatient Therapy: Written by a Therapist at HVMHC

When I started at HVMHC in December 2016, I began working with an 18-year-old who had experienced multiple suicide attempts and hospitalizations. He was transitioning out of intensive outpatient care and deeply mistrustful. For a long time, we met twice a week—often in complete silence. He frequently expressed a desire to die and made it clear he'd never tell me if he planned to follow through. He was navigating trauma, including the challenges of transitioning into his true self.

Fast forward to this past summer, as he turned 26. After years of work, we mutually agreed he was ready to be discharged from therapy. In our final session, he shared that he's now excited for his future—thriving, working, and attending school. He plans to become a therapist, joking that it's "my fault" he made that choice. He's come a long way, and it's been an honor to witness his transformation.

#### Emergency Mobile Crisis: Written by a Crisis Response Practitioner

In January 2024, Crisis received a call from a woman concerned about her friend—new to Winona, experiencing homelessness, and struggling with increasing paranoia and hallucinations. He had a history of trauma and PTSD but hadn't taken medication in over a year. She asked for help, worried for his safety.

After a crisis assessment, he was admitted to the Southeastern Regional Crisis Center (SERCC) for a 10-day stay, where he received support, medical care, and a plan for stabilization upon returning to Winona.

From the start, he expressed a strong desire to get better—wanting stable housing, medical care, and to reconnect with his family. With the stabilization team's help, he began medication, connected with a therapist and psychiatry provider, and secured housing through HVMHC's Adult Housing program in Winona. Moving in, he shared how grateful he was to finally have a place to call home.

Within six months, he found stability, re-engaged in services, and made significant progress in his mental health journey. He continues to thrive with the support of HVMHC.



## **Mission In Action**

## Exceptional, Responsive, Consumer-Focused Behavioral Health Services Stories of Hope

Children's Community Based Services: Written by a Children's Mental Health Case Manager at HVMHC

When I first started working with this individual, she was just 9 years old (this was in 2019). She is diagnosed with autism spectrum disorder and has a significant trauma history. She was referred to Case Management because of daily behavior struggles in school and the need for additional services. She started working with therapists in outpatient services and transitioned to school-linked services. Her negative behavior began to decrease, and she was looking forward to attending school for a while. Grandma (adopted Mom) and I worked with the IEP team to do as much as we could to support the client in the classroom, but daily struggles continued at school after a few months of interventions.

As COVID hit in the Spring of 2020, things began to spiral again and the changes in routine, as well as being stuck at home with Grandma all day long, started to take a toll on her mental health. We got her on a waiver program, she attended Legacies for a year, started working with a great therapist at Ellie Mental Health, and began working with psychiatry during this time. When things were returning to in-person, Grandma was worried about her returning to Winona Middle School and decided that she wanted her to attend a smaller school where she could start fresh, have more 1:1 time with staff, and seek out better-fitting support.

In 2021 she transitioned to Rushford-Peterson Schools. The child began the school year with some struggles but began to "blossom". Her IEP teacher remarked that they've

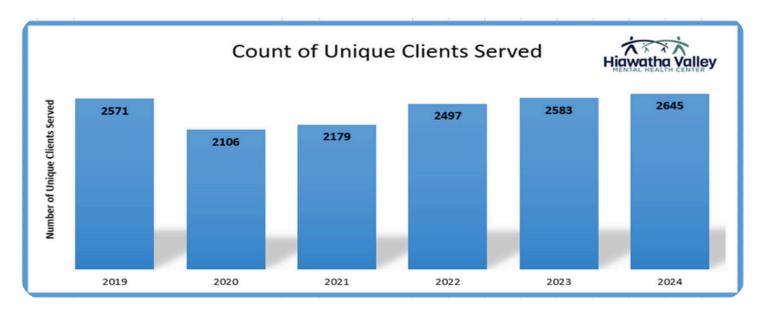
never seen a student make so much progress in just a few months as she had. She went from having to be in a classroom of 3-4 students every day, being put in holds on a regular basis and missing school due to behaviors, to now attending general education classes and working independently alongside her general education peers! She has become an amazing artist, looks forward to school every single day, and gets sad when summer comes because she can't go to school. She is now 15 years old, can bake on her own, is more confident than ever, and is looking forward to becoming a graphic designer in the future!





## **Commitment to the Community**

HVMHC has increased the number of unique individuals served in Southeastern Minnesota four years in a row.



#### **Improved Access to Care**

HVMHC is committed to enhancing our ability to effectively and promptly support individuals experiencing mental health symptoms. The increasing demand for mental health and substance use disorder services presents challenges for centers striving to keep pace with community needs. To address this, we have equipped our team of providers with additional tools to improve client assessments during the intake process and expedite service delivery.

We have developed group programs such as Foundations, which serves as an introduction to therapy, allowing clients to understand mental health symptoms, diagnoses, and coping strategies without requiring immediate commitment. Group programming also includes Dialectical Behavior Therapy (DBT) skills training, focusing on four key areas: mindfulness, distress tolerance, emotional regulation, and interpersonal effectiveness. By expanding our offerings, we are enhancing our capacity to serve clients more quickly in outpatient clinics.

Additionally, we have introduced Intensive Outpatient Programs and provide weekly emergency assessments for individuals with substance use disorders. We have increased provider capacity in psychiatry, thereby reducing waitlist times for medication management services. Furthermore, by adjusting our children's community-based service practices, we have significantly decreased the time to first services for many youths in need of timely support.



## **Commitment to the Community**

#### **Medication Assisted Treatment Program**

As the needs of those with substance use disorders increased, HVMHC stepped forward to offer the community a Medication Assisted Treatment (MAT) Program. MAT is the use of medications, in combination with counseling and other supports. The medications used in MAT are approved by the Food and Drug Administration (FDA). A combination of medication and counseling can successfully treat substance use disorders, and for some can help sustain recovery. MAT is used to prevent or reduce opioid overdose and to treat use of opioids such as heroin and prescription pain relievers that contain opiates. The prescribed medication operates to normalize brain chemistry, block the euphoric effects of alcohol and opioids, relieve physiological cravings, and normalize body functions without the negative and euphoric effects of the substance used. HVMHC has a great team including psychiatric providers, substance use counselors, nursing and care coordination as key members of the MAT Program.

#### **Mobile Crisis Program**

We are the only 24/7 mobile crisis program in Houston, Winona, Wabasha, Goodhue and Fillmore Counties.

In addition to a growing need for this service we have increased our staff size to meet the increased community need. We have added a 1.0 FTE for the City of Winona, a 1.0 FTE daytime mental health professional, alone with additional daytime and on call crisis responders to this vital service.

We are expanding our partnerships for this program and continue to foster relationships with law enforcement and other key stakeholders.

#### **Peer Support Network**

We celebrated 15 years of the Peer Support Network in Winona in 2024! It has gone through changes in location and program design over the years but continues to be the place for many in the area to go to where they can belong and be accepted by others without judgement. For many it truly is their home away from home. We expanded this programming in the region by the addition of a second location in Red Wing in May of 2024. The agency has since then added a location in Wabasha and recently added one in Caledonia.









## **Commitment to the Community**

#### **Housing Programs with Support**



Hiawatha Bluffs Living in Winona, MN

Since the 1980's HVMHC has provided housing with support for adults in SE MN. We remain a vital contributor to the housing infrastructure in Winona and the surrounding counties. By providing stable and supportive housing, those in need experience improved health outcomes, reduced hospitalizations, and enhanced quality of life. Additionally, these efforts alleviate pressure on public systems and foster increased community stability.

Thanks to the financial support from Winona County American Rescue Plans and the Winona Community Foundation through their first ever Community Impact Grant, we are actively expanding our continuum of

housing by introducing scattered-site units in Winona. We have successfully added nine units at Water's Edge, along with three community-based units in partnership with private landlords. This housing model plays a crucial role in helping individuals maintain their mental health and recover from substance use disorders while promoting greater independence through empowerment and choice of living environments.



Left: HVMHC was awarded the Winona Community Foundation's first ever Impact Grant. The \$100,000 grant assisted with HVMHC's scattered site housing program.



Scan the QR code to tour HBL



Scan the QR code to tour our Board & Lodges

#### Hiawatha Valley Community Garden

Thanks to Winona County SHIP funding, Engage Winona, volunteers, and staff 2024 was the first year we had at the Clinic in Winona a Community Garden. In In our first full year with the Community Garden all 29 plots were used. Three people were on a waiting list. At the end of the season, we had an End of the Season barbeque that many brought vegetables that had been planted in the garden. One of the gardeners who is moving said this about our community garden, "I thoroughly enjoyed the activity (not to mention the fresh food!). Thank you for offering this service to the community."



2024 marked the first year of the Hiawatha Valley Community Garden



### **Awareness, Education & Outreach**

A key initiative at HVMHC is increasing awareness, education and outreach in an effort to reduce the stigma that impacts those who can use assistance from the services we provide. In 2024, we hosted two major events and took advantage of additional opportunities—including TV and radio interviews, newspaper features, and attending local events—to spark important conversations and connect individuals with the local resources.

#### 2024 - 4th Annual Bringing Light into Darkness

The 4th Annual Bringing Light into Darkness community event focusing on mental health and suicide awareness was held at the HVMHC Winona clinic on Thursday, September 19, 2024. The event featured learning sessions, 30 community resource tables, speakers, food trucks, and a live performance from the band Inertia. 300 people braved the thunderstorms to attend the Winona event. This annual event will now be held the 2nd Thursday of every September moving forward.



Top Left - Claire & Emily host a table at the Houston Family fair. Top right - Christy, Isaac, and Ryan host a table at a WSU event. Bottom left - The group of therapy dogs from the Lake City event. Bottom right - Erik Sievers address attendees at the Gary McNally tractor ride for mental health awareness.







#### Bringing Light into Darkness - Lake City

This was our first attempt to hold a community awareness event around suicide outside of Winona. The event was a big success as nearly 200 people showed up for the event that featured a resource fair, free community meal, and speakers Jen Apley and Danielle Hegge. The event was such a success that Lake City held another suicide awareness event in January, 2025 and HVMHC has decided to hold a traveling BLID event to a new community we serve every spring. The La Crescent-Hokah High School will host the La Crescent Bringing Light into Darkness community awareness event on Wednesday, April 9, 2025.



#### **Improved Facilities**

**Safety Enhancements:** To make our facilities the safest they can be for everyone, our Winona and Caledonia Clinics upgraded safety features by more than doubling the safety buttons throughout each clinic. The safety buttons allow providers and staff at HVMHC to alert local law enforcement of a needed immediate response to a situation.

**Improved Access for All**: Hiawatha Bluffs Living received an update to the front entry to provide ADA access, this includes remote operated power assist entry doors and a ramp to aid in ease of access.

**Improved Space to Provide new Programming:** We moved into a new and larger space in Wabasha. This larger space allowed us to expand services and programming in Wabasha.







Left & Middle: Updated office space inside the new Wabasha clinic location. Right - HVMHC staff Sam and Kim try out the new privacy pod installed on the 2<sup>nd</sup> floor of the Sarnia Square facility in Winona. The privacy pod was purchased with a Winona Community Foundation Grant.

#### Employee Engagement & Retention

#### **Wellness Committee**

Our agency's Wellness Committee planned and organized a number of events in 2024 to support our employees and recognize them for all they do. A few of the fun events included:

- All agency water balloon fight- this raised money for new chairs in the Winona PSN, which has been greatly appreciated by clients and staff. This also helped with some start-up costs in the Red Wing Peer Support Network.
- Hot cocoa bar, ice cream sundaes, souper bowl- this gave staff time to step away from their desk and take a break.
- Mental health/self-care gift exchange This connected staff with all departments and locations and reminded us to take care of ourselves within our challenging roles.
- Walking club- the reminded us to engage in physical activity and get outside on our breaks
- Employee potluck- this gave employees the opportunity to share favorite recipes and gave staff a reason to get up from their workspace during the day to eat and mingle with other staff members.
- Secret Santa- this allowed staff to engage with other departments and increases morale for those receiving a gift.
- Valentine's exchange- this got staff to engage with other departments and allowed staff to be creative and make their own valentines box.



#### Offerings Beyond Traditional Benefits

HVMHC has a number of programs and initiatives to enhance the employee experience. It is our belief that the more engaged and fulfilled our employees are in what they do, the better services we will provide for the community. A few of the key benefits we offer include:

- YMCA Corporate Memberships
- Tuition Incentive Program (TIP) 7 employees took advantage of this opportunity.
- Employee Engagement Activities Hosted an agency-wide picnic and two listening sessions.
- New Employee Support Implemented 90-day check-ins for new employees to ensure a smoother onboarding experience.
- Employee Survey Results overall scores increase in rating from 85% in 2023 to 87% in 2024.
- Nectar One aspect of our employee recognition program at HVMHC is the utilization of a program called Nectar. Nectar provides the ability of any employee to recognize any other employee of our agency living the values of our agency and/or living the organization's mission. Through this recognition, people may be given points to then used towards purchasing things of their choosing. This is peer to peer and is one way our agency provides opportunities for positive support and recognition of all. Below is a graph showing information from Nectar from 2024.



Pictured is the leadership team at the 2024 all agency picnic (post water balloon fight)



#### Eleos

We are one of the few behavioral health providers in the state that started using augmented intelligence to reduce for our providers the burden of documentation and improve the care we provide the community. We have partnered with our state association, Minnesota Association of Community Mental Health Programs and Eleos and we have seen an immediate impact.

Eleos Technology has significantly transformed the experience of documentation for therapists, enabling them to remain fully engaged during sessions. By substantially reducing the time and effort required for documentation, therapists can focus more effectively on their clients. Progress notes, which previously took ten minutes or more to complete and multiple days before getting signed, can now be finished in just two to three minutes, often on the same day as the service provided.

These advancements have contributed to decreased feelings of burnout, increased confidence, enhanced client focus, and improved adherence to documentation requirements. One therapist noted, "Eleos has been a game changer for me; I feel more present with clients, my paperwork is up to date, and my productivity has increased due to reduced documentation time." With Eleos now fully integrated into the documentation process, therapists are experiencing a positive impact on their practice. Another therapist shared, "I was initially skeptical about using Eleos, but it has alleviated my concerns. I find it to be an excellent resource and time saver that truly enhances therapy by allowing me to prioritize my clients over documentation."

## **Donations:**

Donations are the lifeblood of non-profit organizations. They provide the essential funding needed to sustain programs, expand services, and respond to the evolving needs of the community. Every contribution—big or small—helps bridge the gap between limited resources and the growing demand for mental health services in our communities.



Scan the QR code to make an on-line donation

#### Mail Donations

Please make checks payable to;

"Hiawatha Valley Mental Health Center" and mail to:

Hiawatha Valley Mental Health Center

Attn: Marketing and Communications Specialist

420 East Sarnia Street, Suite 2100

Winona, MN 55987



#### **Years of Service Milestones**

HVMHC Welcomed 36 new employees and hosted 15 Interns in 2024. There were no staff retirements in 2024.

## **5 Year Milestone**

Maggie Engen
Mary Faus
Mark Hecht
Sarah Johnson

Amanda Kelly
Liz Magil
Katje Schultz
Erik Sievers

Jodi Skalet Aaron Torres Angela Weilandt



**Andrew Bohlman** 10 Years of Service



Haley Dzwonkowski-Gribbons
10 Years of Service



Kerry Sanden 10 Years of Service



**Randy Jones** 15 Years of Service



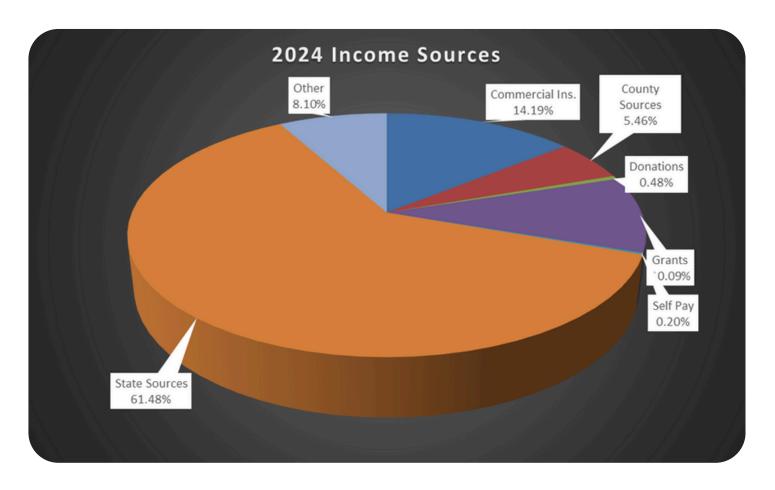
Bryan Delvin 25 Years of Service

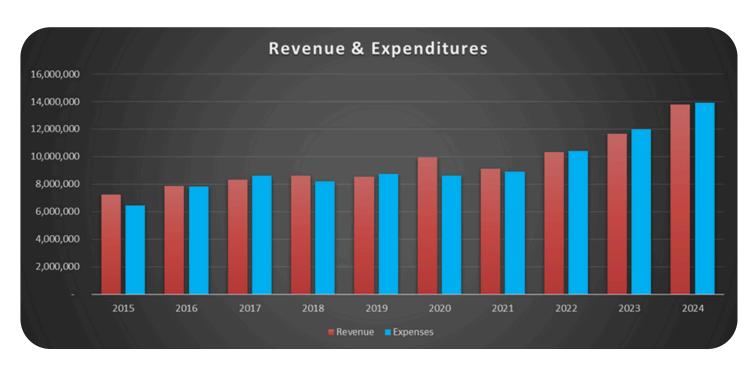


**Christy Ferrington 25 Years of Service** 



## **Financial Highlights**







## **Thank You to our 2024 Supporters**

#### Friend \$1 - \$500

Bill & Jen Apley Jessica Arens

Scott & Pam Bender

Paul Busch

Gerry Cichanowski

Dave Ebner

Amanda Hardy

Jennifer Hengel Bob & Deb Leaf

Teresa O'Donnell-Ebner

Bay State Milling Bremer Bank

Dahl Automotive

Hoff Celebration of Life

Reed's Tree Service

**Riverside Integrated Electronics** 

Schmidt Goodman Sequoia Foundation Vision Design Group

Winona Nursery

#### Partner \$501 - \$1,000

Mac Baird

David & Lynn Theurer

Affinity Plus Federal Credit Union

Fastenal

Gillette Pepsi Co

Grace Presbyterian Church

Greater Lake City Area Com Fund

Lake City Kiwanis

Lake City Lions Club Miller Scrap & Disposal

Stifel Nicholaus WNB Financial

#### Founder \$1,001+

Karen McNally

Jerry & Pat Papenfuss

John & Betsy Rowekamp

Dare L. White & William F White Foundation

Gundersen Lutheran

Helen Leaf Haun Family Fund

La Crescent K of C Merchants Bank

VFW Post 1287 (Winona)

Storm the Farm - Storm Sporting Events

Wabasha Kellogg Community Foundation Grant

Winona Community Foundation Impact Grant

Winona Knights of Columbus

#### Bringing Light into Darkness Sponsors Winona - September 19, 2024

Affinity Plus Federal Credit Union

Bay State Milling

Bremer Bank

Dahl Automotive

Fastenal

Gillete Pepsi Corp

Gundersen Lutheran

Hoff Celebration of Life Center

Leighton Broadcasting

Merchants Bank

Miller Scrap & Disposal

Reeds Tree Service

Riverside Integrated Electronics

Schmidt Goodman

Stiefel Nicholaus

Vision Design Group

Winona Nursery

WNB Financial

#### Bringing Light into Darkness Sponsors Lake City - May 13, 2024

Greater Lake City Community Foundation Go Lake Pepin Lake City Lions Club Lake City Kiwanis Club



Lake City Public Library Lake City Public Schools Wild Wings Plaza - Catering



## Locations

#### **Caledonia Clinic**

221 South Kingston Street Caledonia, MN 55921 (507) 725-2022

### **Rushford Office**

105 MN-16, #2 Rushford, MN 55971 (507) 864-2600

## **Red Wing Clinic**

Clinic: 2835 S. Service Dr. Ste 103 PSN: 217 Plum St, Suite 220 Red Wing, MN 55066 (651) 327-2270

#### **Wabasha Clinic**

611 Broadway Ave, Ste. 100 Wabasha, MN 55981 (651) 565-2234

#### **Winona Clinic**

420 East Sarnia Street, Suite 2100 Winona, MN 55987 (507) 454-4341



Crisis Response

1-844-272-7472

THE ONLY MOBILE CRISIS RESPONSE PROVIDER IN FILLMORE, GOODHUE, HOUSTON, WABASHA AND WINONA COUNTIES